

# HAR KI DUN



**HAR KI DUN - NATURE'S AMPHITHEATRE IN THE HIMALAYAS.**



# BRIEF ITINERARY

## DAY 1

DRIVE FROM DEHRADUN TO SANKRI

## DAY 2

SANKRI TO DHARKOT & TREK FROM  
DHARKOT TO SEEMA

## DAY 3

SEEMA TO BOSLO

## DAY 4

BOSLO TO HAR KI DUN TO  
MANINDA LAKE & BACK TO BOSLO

## DAY 5

TREK FROM BOSLO TO SEEMA

## DAY 6

TREK FROM SEEMA TO DHARKOT &  
DRIVE FROM DHARKOT TO  
SANKRI BASE CAMP

## DAY 7

DEPARTURE FROM SANKRI  
TO DEHRADUN



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# DETAILED ITINERARY

## DAY 1



### DEHRADUN TO SANKRI

- Pickup: Dehradun Railway Station at 8:00 AM Meals: Tea-Snacks and dinner 210 km drive by NH 507 (9-10 hours) Altitude: 1,950m/6,400ft. Breakfast and lunch excluded, dinner included. Trekkers will be picked from Dehradun at 8:00 AM in a Tempo Traveler, Bolero or a similar vehicle. Expected arrival time at Sankri – 5:00 pm. (approx)

## DAY 2



### DRIVE FROM SANKRI TO DHARKOT VILLAGE & TREK FROM DHARKOT TO SEEMA

- **Trek Distance: 4 km (Dharkot to Seema)**
- **Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner**
- After breakfast, embark on a journey from Sankri to Dharkot village, passing through dense forests, water streams & Dhatmeer village.
- En route, pass through the charming village of Taluka, known for its traditional houses and dhabas offering simple and delectable food.
- Upon reaching Dharkot, take a brief rest before commencing a 4km trek to Seema.
- As evening approaches, reach Seema via Gangar village and camp on a small green field, offering breathtaking views of nature.



## DAY 3

### SEEMA TO BOSLO

- **Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner**
- The trail passes through Osla village, which has a hanging bridge called the Seema Bridge, used to cross the Supin River.
- The village is surrounded by scenic views, including the snowcovered mountains, Amaranth trees, and the Mt. Bandarpooch and Swargarohini mountain ranges.
- The village has a rich mythology associated with it, including the belief that it was home to a clan loyal to Duryodhan and a 2000- year-old Someshwar Temple.
- The hike up the hill from Osla to Kalkatidhar provides stunning views of the Dhauladhar Range, Bugyal Devsu, and Mt. Black Peak.
- Kalkatidhar is a beautiful meadow with views of the Ruinsara Range and Kedarkantha Summit.



## DAY 4

### BOSLO TO HAR KI DUN TO MANINDA TAAL AND BACK TO BOSLO

- **Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner**
- Start your remarkable day as you traverse the glacier basin adorned with mountain meadows, moraines & large pine trees.
- You'll initially ascend towards the Supin River and the River from the Ruinsara Valley & panoramic views of the surrounding mountains.
- The Har Ki Dun Valley is a mesmerizing destination that encapsulates an array of natural wonders.
- The final leg of the hike winds through dense forests, summit of Har Ki Dun, Swargarohini I peak, Hata Peak, and Black Peak.
- Maninda Lake awaits at an elevation of 3,970 meters within the Har Ki Dun valley, showcasing its beauty against the backdrop of Hata and Swargarohini mountains. After exploring the valley and creating lasting memories, the return journey brings you to the final campsite at Kalkattiyadhar.



## DAY 5

### BOSLO TO SEEMA

- **Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner with Sweet Dish**
- The valley is such an incredible place that you would want to be there forever
- Right after having breakfast, you will start trekking back to Seema early in the morning.
- Night stay will be scheduled in the camp at Seema and all trekkers will be served with dinner in the camp itself only.
- Make sure to witness the sunset of mountains because this is something you cannot miss.



## DAY 6

### TREK FROM SEEMA TO DHARKOT VILLAGE & DRIVE FROM DHARKOT TO SANKRI BASE CAMP

- **Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner with Sweet Dish**
- Get ready to trek for the last time from Seema to Dharkot via dense forests.
- By afternoon, you will be reaching Taluka and then drive back to Sankri base camp.
- The 4km trek from Seema to Dharkot is going to give you an amazing experience with lots of memories so make sure to capture every moment.
- Therefore, day 6 is going to be the last day of your camping and the stay will be scheduled at Sankri base camp.



**DAY 7**

## DEPARTURE FROM SANKRI TO DEHRADUN

- Depart at 7 A.M after having tea, coffee, and biscuit.
- It is going to be a log drive of almost 8-9 hours, be prepared.
- You will be reaching Dehradun by 5 P.M.
- Get your bookings done accordingly in trains, flight from Dehradun.



# INCLUSION

- Accommodation in Guest House/Camps.
- Stay is included from Day 1 to Day 6
- All meals from dinner at Sankri on Day 1 to Dinner on Day 6 are included.
- We provide delicious, nutritious vegetarian food on all days of the trek.
- All trekking permits and forest camping charges are included.
- High-quality tents, sleeping bags, ice axes, microspikes, gaiters etc. as required. First aid, medical kit, oxygen cylinders, stretchers etc. Professional Trek Leader (Mountaineering qualified), Guide, and Support staff.

# EXCLUSION

Food During Travelling Insurance  
 Separate Hotel Room/Tent Stay in Sankri & on Trek  
 Food items purchased by individuals at local canteens on the trek or during the drive.  
 Mules or porter to carry personal luggage.  
 Any early return travel & stay costs or accommodation Except for the days as per the itinerary.  
 Any expenses for medical treatment of injury or accident before, during or after the trek.  
 Anything apart from inclusions



# TREK ESSENTIALS



## BASIC GEARS

- Backpack & Rain cover  
(50–60 ltr with comfortable shoulder straps)
- Day pack + rain cover  
20–30 ltr; if hire a mule or porter)
- Walking stick (Advisable, at least one)
- Personal Medical Kit (Consult your doctor)
- Snacks (Energy bars, dry fruits, Electrol/ORS)
- Water bottle / Hydration pack
  - 2 bottles of one ltr each
  - People using hydration pack: 1 hydration pack + 1 bottle (1 ltr)
  - Carry at least one thermos flask



## PERSONAL UTILITIES

- Sunscreen cream
- Moisturiser
- Hand sanitizer
- Antibacterial powder
- Toothbrush & toothpaste
- Lip balm / Chapstick
- Toilet paper & Wipes
- Quick dry towel



# TREK ESSENTIALS



## HEAD GEARS

- Head Torch – 1 Nos. (Avoid Hand Torch)
- Woollen Cap – 1 Nos.
- Balaclava – 1 Nos. (Optional)
- Neck-gaiters – 1 Nos.
- Sunglasses – Dark with side cover, UV protected.
- People who wear spectacles  
→ use contact lenses / photochromatic glasses



## FOOT GEARS

- Trekking Shoes – 1 Pair  
(Waterproof, high ankle with good grip)
- Floaters / flip flops – 1 Pair
- Cotton socks – 6 Pair
- Woollen socks – 1 Pair
- Gaiters – 1 Pair (TBL will provide)





# TREK ESSENTIALS



- T-Shirts – 6 Full sleeves (Non-cotton)
- Fleece T-shirts – 2 Nos.
- Fleece jacket – 1 Nos. (Alternative: woollen sweater)
- Down feather / Hollofill jacket – 1 Nos.
- Wind & waterproof jacket & pant – 1 Pair
- Trek pants – 3 Synthetic (avoid shorts, fitting denims, capris)
- Fleece/Woollen gloves – 1 Pair
- Poncho – 1 Nos.



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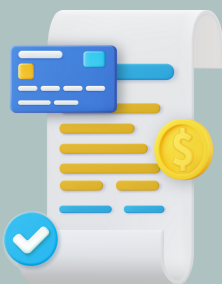
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# PAYMENT DETAIL



## PAYMENT BREAKDOWN :

60% TO RESERVE YOUR SLOT  
40% ONE WEEK BEFORE DEPARTURE

## BANK DETAIL :



ACCOUNT NO: 4050916199  
IFSC: KKBK0000151  
UPI: TREKBUNNY@KOTAK

## FOR QUERIES :



CALL/WHATSAPP SUPPORT TEAM/  
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